

# Contents

DEDICATION .....	v
ACKNOWLEDGMENTS.....	xv
PREFACE TO SECOND EDITION .....	xvii
ABOUT THE AUTHOR AND EDITOR .....	xxi
HOW TO USE THIS BOOK .....	xxiii
WEIGHTS AND MEASURES .....	xxv

## CHAPTER ONE: 太陰 TAI YIN

Section One.....	1	Section Four .....	9
1.1 Outline of Tai Yin.....	1	1.4 Transmuted Patterns of Tai Yin .....	9
1.1.1 Pathway of the Tai Yin Channel.....	1	1.4.1 Tai Yin Abdominal Pain .....	9
1.1.2 Physiology of the Tai Yin Channel .....	1	Gui Zhi Jia Shao Yao Tang Pattern .....	9
1.1.3 Pathology of the Tai Yin Channel .....	2	Gui Zhi Jia Da Huang Tang Pattern .....	9
1.1.4 Tai Yin Disease and its Transmission Pathway.....	2	Differentiation of Abdominal Pain .....	10
1.1.5 Key Manifestations of Tai Yin Disease.....	2	1.4.2 Tai Yin Yellowing Pattern.....	14
1.1.6 Classification of Tai Yin Disease.....	2	Section Five.....	18
1.1.7 Treatment of Tai Yin Disease.....	3	1.5 Prognosis and Recovery In Tai Yin Disease.....	18
1.1.8 Contraindications in Tai Yin Disease.....	3	1.5.1 Prognosis in Tai Yin Disease .....	18
Section Two.....	4	1.5.2 Tai Yin Recovery period .....	18
1.2 Principal Features of Tai Yin Disease .....	4	Section Six.....	19
Section Three .....	6	1.6 Summary of the Tai Yin Chapter.....	19
1.3 Tai Yin Disease Patterns .....	6		
1.3.1 Tai Yin Channel Pattern .....	6		
1.3.2 Tai Yin Cold Pattern.....	7		

## CHAPTER TWO: 少陰 SHAO YIN

Section One.....	21	Section Two.....	24
2.1 Outline of Shao Yin .....	21	2.2 Principal Features of Shao Yin Disease .....	24
2.1.1 Pathway of the Shao Yin Channel.....	21	Cold Conversion in Shao Yin.....	25
2.1.2 Physiology of the Shao Yin Channel .....	21	Key Points of Diagnosis of Cold Conversion.....	26
2.1.3 Pathology of the Shao Yin Channel .....	22	Sore Throat in Shao Yin.....	26
2.1.4 Shao Yin Disease and its Transmission Pathway .....	22	Summary of the Principal Features of Shao Yin ..	27
2.1.5 Key Manifestations of Shao Yin Disease .....	22	Section Three .....	28
2.1.6 Classification of Shao Yin Disease .....	23	2.3 Shao Yin Disease Patterns .....	28
2.1.7 Treatment of Shao Yin Disease .....	23	2.3.1 Shao Yin Cold Conversion Patterns .....	28
2.1.8 Contraindications in Shao Yin Disease .....	23	Si Ni Tang Pattern .....	28

Contemporary Research on the Effect of Si Ni Tang . . . . .	30	2.4.2 Concurrent Pattern of Shao Yin and Yang Ming . . . . .	63
Tong Mai Si Ni Tang Pattern . . . . .	33	Da Cheng Qi Tang . . . . .	63
Bai Tong Tang Pattern . . . . .	35	2.4.3 Concurrent Pattern of Shao Yin and Shao Yang . . . . .	65
Bai Tong Jia Zhu Dan Zhi Tang Pattern . . . . .	37	Si Ni San . . . . .	65
Zhen Wu Tang Pattern . . . . .	39	Differentiation of Cold Extremities in Si Ni Tang and Si Ni San . . . . .	66
Comparison of Zhen Wu Tang, Wu Ling San and Ling Gui Zhu Gan Tang . . . . .	40	Summary of Shao Yin Concurrent Patterns . . . . .	69
Fu Zi Tang Pattern . . . . .	42	Section Five . . . . .	70
Wu Zhu Yu Tang Pattern . . . . .	45	2.5 Shao Yin Sore Throat Patterns . . . . .	70
Differentiation of Cold Extremities . . . . .	45	Zhu Fu Tang Pattern . . . . .	70
Differentiation of Vexation . . . . .	46	Gan Cao Tang and Jie Geng Tang Pattern . . . . .	71
Tao Hua Tang Pattern . . . . .	47	Ku Jiu Tang pattern . . . . .	73
Shao Yin Moxibustion Pattern . . . . .	49	Ban Xia San or Tang Pattern . . . . .	73
2.3.2 Shao Yin Heat Conversion Patterns . . . . .	51	Summary of Sore Throat Patterns . . . . .	74
Huang Lian E Jiao Tang Pattern . . . . .	51	Section Six . . . . .	76
Zhu Ling Tang Pattern in Shao Yin . . . . .	53	2.6 Contraindicated Treatments in Shao Yin Disease . . . . .	76
Comparison between Huang Lian E Jiao Tang, Zhi Zi Chi Tang and Zhu Ling Tang Patterns . . . . .	53	Summary of Contraindicated Treatments in Shao Yin Disease . . . . .	78
Comparison between Zhu Ling Tang and Zhen Wu Tang Patterns . . . . .	54	Section Seven . . . . .	79
Differentiation of Cold and Heat Diarrhoea Patterns in Shao Yin . . . . .	54	2.7 Prognosis and Recovery In Shao Yin Disease . . . . .	79
Shao Yin Heat in the Urinary Bladder . . . . .	55	2.7.1 Prognosis in Shao Yin Disease . . . . .	79
Shao Yin Heat Diarrhoea . . . . .	56	Spontaneous Recovery in Shao Yin . . . . .	79
Summary of Shao Yin Disease . . . . .	56	Treatable Patterns in Shao Yin . . . . .	80
Section Four . . . . .	58	Critical Conditions in Shao Yin Disease . . . . .	81
2.4 Concurrent Patterns of Shao Yin . . . . .	58	Summary of Prognosis in Shao Yin Disease . . . . .	86
2.4.1 Concurrent Pattern of Shao Yin and Tai Yang . . . . .	58	2.7.2 Shao Yin Recovery Period . . . . .	86
Ma Huang Xi Xin Fu Zi Tang . . . . .	58	Section Eight . . . . .	88
Ma Huang Fu Zi Gan Cao Tang Pattern . . . . .	61	2.8 Summary of the Shao Yin Chapter . . . . .	88

## CHAPTER THREE: 厥陰 JUE YIN

Section One . . . . .	91	3.3.1 Patterns of Heat and Cold Complex . . . . .	97
3.1 Outline of Jue Yin . . . . .	91	Wu Mei Wan Pattern . . . . .	97
3.1.1 Pathway of the Jue Yin Channel . . . . .	91	Gan Jiang Huang Qin Huang Lian Ren Shen Tang Pattern . . . . .	101
3.1.2 Physiology of the Jue Yin Channel . . . . .	92	Ma Huang Sheng Ma Tang Pattern . . . . .	103
3.1.3 Pathology of the Jue Yin Channel . . . . .	93	Summary of Jue Yin Patterns of Hot and Cold Complex . . . . .	105
3.1.4 Classification of Jue Yin Disease . . . . .	93	3.3.2 Jue Yin Cold Patterns . . . . .	106
3.1.5 Treatment of Jue Yin Disease . . . . .	94	Yang Deficiency and Yin Excess – Si Ni Tang Pattern . . . . .	106
3.1.6 Prognosis of Jue Yin Disease . . . . .	94	Blood Deficiency with Cold Constraint – Dang Gui Si Ni Tang Pattern . . . . .	107
Section Two . . . . .	95	Dang Gui Si Ni Jia Wu Zhu Yu Jiang Tang Pattern . . . . .	110
3.2 Principal Features of Jue Yin Disease . . . . .	95	Cold Bind in the Urinary Bladder . . . . .	112
Identification of the Pathogenesis of Reversal Pattern . . . . .	96		
Section Three . . . . .	97		
3.3 Jue Yin Patterns . . . . .	97		

Retching and Counterflow of Cold Turbidity . . .	113
Water Retention Reversal Pattern . . . . .	115
Reversal Pattern and Moxibustion . . . . .	115
Identification of Diarrhoea and Hiccup Patterns	116
3.3.3 Jue Yin Heat Patterns . . . . .	118
Heat Jue (Reversal Heat Pattern) . . . . .	118
3.3.4 Heat Diarrhoea with Blood and Pus . . . . .	120
Bai Tou Weng Tang Pattern . . . . .	121
Differentiation of Heat Diarrhoea . . . . .	122
Section Four . . . . .	126
3.4 The Abatement or Advancement of Jue Yin Disease . . . . .	126
Summary of Abatement and Advancement of Jue Yin Disease . . . . .	130
Section Five . . . . .	131
3.5 Contraindications of Jue Yin Disease . . . . .	131

Summary of Contraindicated Treatments in Jue Yin Disease . . . . .	133
Section Six . . . . .	134
3.6 Prognosis of Jue Yin Disease . . . . .	134
Pattern Identification for Jue Yin Cold Pattern and Recovery . . . . .	134
Jue Yin Deficient Cold Disease with Impending Death . . . . .	136
Identification of Jue Yin Deficient Cold Diarrhoea . . . . .	139
Summary of Prognosis in Jue Yin Disease . . . . .	141
Jue Yin Disease Recovery Period . . . . .	141
Section Seven . . . . .	142
3.7 Summary of the Jue Yin Chapter . . . . .	142

#### CHAPTER FOUR: 霍亂 HUO LUAN

Section One . . . . .	145
4.1 Outline of Huo Luan . . . . .	145
4.1.1 Definition of Huo Luan . . . . .	145
4.1.2 Aetiology and Pathogenesis of Huo Luan . .	145
4.1.3 Classification of Huo Luan . . . . .	146
Section Two . . . . .	147
4.2 Principal Features of Huo Luan . . . . .	147
4.2.1 Symptoms of Huo Luan . . . . .	147
4.2.2 Treatment of Huo Luan . . . . .	148

Channel Passage: Jing Jin and Guo Jing . . . . .	150
Si Ni jia Ren Shen Tang in the Treatment of Huo Luan . . . . .	150
Wu Ling San and Li Zhong Wan in the Treatment of Huo Luan . . . . .	151
The Significance of Vomiting and Diarrhoea . .	155
Tong Mai Si Ni jia Zhu Dan Zhi Tang Pattern . .	157
Summary of Huo Luan . . . . .	158

#### CHAPTER FIVE: 陰陽易差後勞復病 YIN YANG EXCHANGE AND TAXATION RELAPSE

Section One . . . . .	161
5.1 Definition of Yin Yang Exchange . . . . .	161
Section Two . . . . .	162
5.2 Yin Yang Exchange Pattern . . . . .	162
Shao Kun San . . . . .	162
Section Three . . . . .	163
5.3 Taxation Relapse . . . . .	163
Zhi Shi Zhi Zi Chi Tang . . . . .	163

Xiao Chai Hu Tang . . . . .	163
Mu Li Ze Xie San . . . . .	164
Li Zhong Wan . . . . .	165
Zhu Ye Shi Gao Tang . . . . .	166
Recovery in Taxation Relapse . . . . .	168
Summary of Yin Yang Exchange and Taxation Relapse . . . . .	169

## APPENDICIES

Appendix One	Appendix Ten
Additional Clauses ..... 171	Glossary of Terms Used in the <i>Shang Han Lun</i> ... 293
Appendix Two	Appendix Eleven
Outline of Clauses in the Sequence of the Zhao Edition ..... 179	Han Dynasty Time and the Ebb and Flow of the Six Channels ..... 301
Appendix Three	Appendix Twelve
Clause Index ..... 255	Heavenly Stems and Earthly Branches ..... 305
Appendix Four	Appendix Thirteen
Summary of Formulas and Indications ..... 261	Chinese Dynasties and Historical Periods ..... 307
Appendix Five	Appendix Fourteen
Formula Index ..... 267	Notable Figures in Chinese Medicine ..... 309
Appendix Six	Appendix Fifteen
Fu Zi Research ..... 283	References ..... 311
Appendix Seven	Appendix Sixteen
Questions on Fu Zi Substitutes ..... 285	Six Channels Pattern Identifications and Pulse Diagnosis ..... 319
Appendix Eight	Appendix Seventeen
Index to Symptoms and Ailments ..... 287	Bibliography ..... 323
Appendix Nine	Appendix Eighteen
“Lifting the Lid off the Teapot” The Use of Ma Huang Tang to Diffuse Lung Qi .. 291	Herbal Glossary: Chinese and Pharmaceutical Names ..... 325